

Dear Parents and Carers,

I hope this message finds you well.

I wanted to take a moment to thank you for your incredible support this term. We've seen a fantastic uptake in all the opportunities we've introduced—from our engaging PE lessons to the wide range of extra-curricular clubs and our new Sports Scholarship Programme. It's been wonderful to see so many pupils getting involved, showing enthusiasm, and embracing physical activity in all its forms.

We truly believe that sport is a powerful tool for building confidence, resilience, and character, and your encouragement at home plays a huge role in helping us achieve this.

Core P.E

I thought it would be beneficial to highlight the curriculum for this year that the pupils will follow over the year, thus allowing them to identify what equipment they will need:

Hartshill Academy Curriculum Plan						
PE 2025-2026						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
7/8/9 Girls	Basketball and Gymnastics (Yr7) Dance/GYM (Yr8/9)	Football and FF	Table tennis and OAA	Netball and FF	Athletics and FF	Option between cricket and rounders
7/8/9 Boys	Rugby and FF	Table tennis and OAA	Football and FF	Basketball and Gymnastics (Yr7) Dance/GYM (Yr8/9)		
10/11 Girls	Handball and FF	Football and FF	Basketball and FF	Netball and FF	Athletics and FF	Option between cricket and rounders
10/11 Boys	Rugby and FF	Handball and FF	Football and FF	Basketball and FF		
Mixed Yr10/11 Physical activity group	Zumba/ Boxercise/ Joe Wicks	GYM	OAA	Table Tennis	GYM	Couch to 5k
Yellow = Activity studio			Green = Field/Courts		Blue = Sports Hall	

Extra-Curricular Clubs



Hartshill Academy Extra-Curricular PE and Sport

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning 7:45 – 8:30am	Gym – Activity Studio (KTA) Rugby –Y7 – Fields (JHA,HSU)	Gym – Activity Studio (KTA) Rugby –Y8 – Fields (JHA)	Gym – Activity Studio (KTA) Rugby –Y9 Fields (JHA)	Gym – Activity Studio (HSU) Rugby –Y9 Fields (JHA KTA)	Gym – Activity Studio (KTA) Rugby –Y11 - Fields (JHA)
Lunch 12:55 – 1:30pm	GCSE 10/11 Drop in CNAT Drop in - G06 (KTA, JHA,HSU) Futsal - Yr7/8– Sports Hall (JCI,CWH)	Cricket - Sports Hall (HSU)	Table Tennis – Activity Studio (SKE) Netball- All years– Sports Hall (KTA) Sports Scholar Programme – G06(JHA)	Table Tennis - KS4– Activity Studio (SKE) Futsal - Yr9/10– Sports Hall (JCI,CWH)	Badminton - KS4 -Sports Hall (JMH) Girls Gym – Activity Studio (SKE)
After school 3:20 – 4:20pm		Sports Leaders Yr9 – G06 (KTA, HSU) Girls Basketball - Sports Hall (SKA) FIXTURES (TBA)	Girls Football - Fields (HSU) Boys Basketball - Sports Hall (SKA) Boys Gym KS4 – Activity Studio (JCI, CWH) FIXTURES (TBA)	GCSE PE P7 (JCI) FIXTURES (TBA)	

- **Before School:** 07:45 – 08:30 (GYM 08:00)
- **Lunchtime:** 12:55 – 13:30 (Packed lunch recommended)
- **After School:** 15:30 – 16:30

If attending morning gym sessions, pupils should arrive in PE kit and bring their uniform to change into.

PE Kit & Participation

We ask that all pupils come prepared and ready to take part in PE lessons. If a pupil is unable to participate, a written note from a parent/carer is required. Even when excused from physical activity, pupils should be in their kit and remain engaged in the lesson in other ways.

We aim to continue lessons outdoors in all weathers unless conditions are unsafe. It is essential that pupils arrive properly equipped and have their school sports hoodie and jogging bottoms available to change into:

PE Kit Checklist:

- Hartshill Academy PE polo shirt
- Black Shorts (without zipped pockets) / skort / Sport leggings
- Black Tracksuit bottoms to change into after outdoor lessons
- Appropriate footwear (including football/rugby boots where needed)
- Shin pads (for football)
- Gum shield (for rugby – strongly advised by the National Governing Body)
- Black Base layers (optional – permitted for additional warmth)

NB - Jewellery and piercings must be removed for PE. Pupils should also follow school guidelines on makeup and nails to ensure safe participation.

We're proud of the positive start to the year and excited about what's ahead. Thank you again for your continued support—it makes a real difference.

If you have any questions or would like to discuss anything further, please don't hesitate to get in touch.

Kind regards,

Mr J.M Hamilton

Director of Sport